Personal Protection Practice Drill (4 inch Circles)

Use two targets Side by Side at 5 yards (40 rounds total)

First (Left) target

- 1. From Low Ready, fire one shot on Number 1. (5 times)
- 2. Draw (or High Compressed Ready) and fire one shot on Number 2. (5 times)
- 3. From Low Ready, fire one shot on Number 3, then one shot on Number 4. (2 times)
- 4. Draw and fire one shot on Number 4, then one shot on Number 3. (2 times)

Second (Right) target

- 1. From Low Ready, fire one shot, support hand only, on Number 1. (5 times)
- 2. Draw (or High Compressed Ready) and fire one shot, dominant hand only, on Number 2. (5 times)
- 3. From Low Ready, fire one shot, support hand only, on Number 3, then one shot on Number 4. (2 times)
- 4. Draw (or High Compressed Ready) and fire, dominant hand only, one shot on Number 4, then one shot on Number 3. (2 times)
- 5. Load with two rounds only. Draw (or High Compressed Ready) and fire, two hands, one shot on Number 4, then one shot on Number 3, reload, fire one shot on 3 of the First target, then one shot of 4 on the First target.

Performance Standard – five hits in each circle, 40 hits total. If doing multiple runs of 40, mark the target after each run.

Use High Compressed Ready in place of a draw at ranges where drawing from the holster is not permitted.

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